



Flower Dome

A Social Narrative co-created by Gardens by the Bay & St Andrew's Autism Centre

Photos by Gardens by the Bay



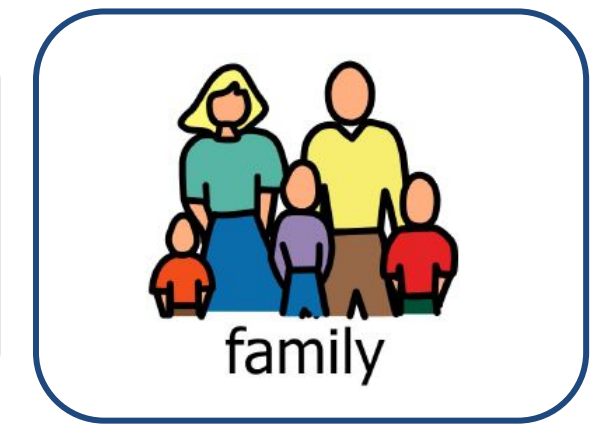
ABOUT THIS GUIDE

Stepping into unfamiliar situations can be confusing and anxiety-inducing for people with autism.

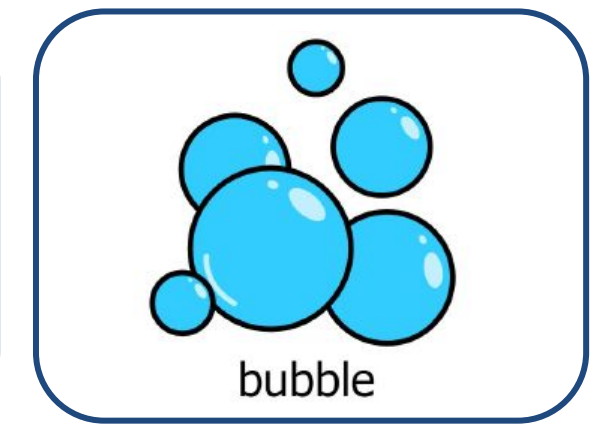
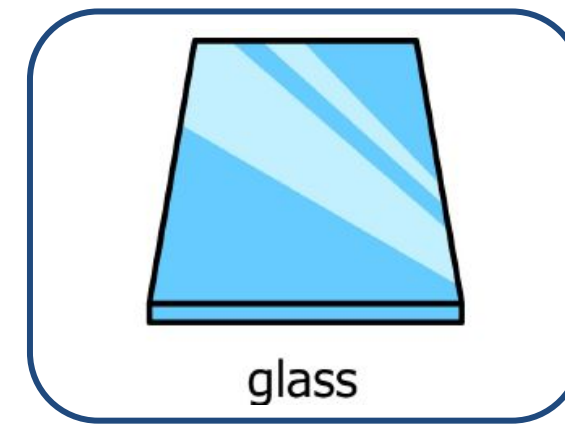
This Social Narrative is designed to help people with autism understand what they can expect at the Flower Dome through a simple story.

It can be used by a caregiver to explain what a visit to the Flower Dome might be like, or by an individual with autism to build familiarity in advance.

My **family** and I are going to visit the Flower Dome at Gardens by the Bay!



The Flower Dome is a big building made of **glass**. It looks like a giant **bubble**!



Flower Dome

Inside the Flower Dome, there are **plants** and **flowers** from different parts of the world.



plant



flower



Before we visit, I can **pack** ear muffs, sunglasses and a cap in case I need them.



ear muffs



sunglasses

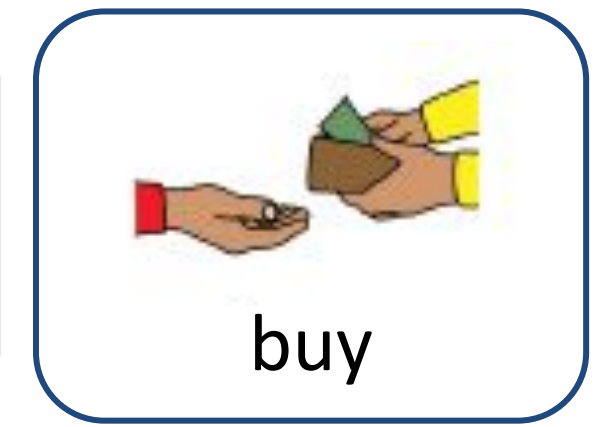


cap

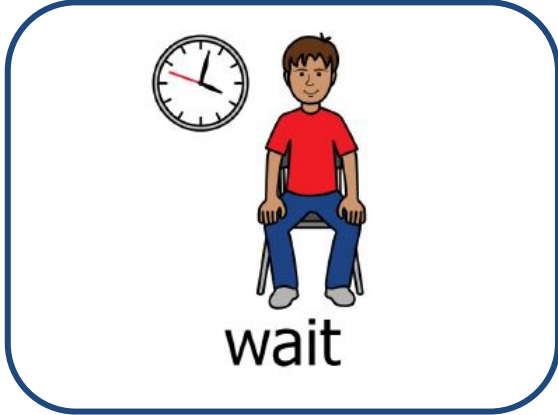
When we arrive, we will **enter** through the main entrance of the Flower Dome.



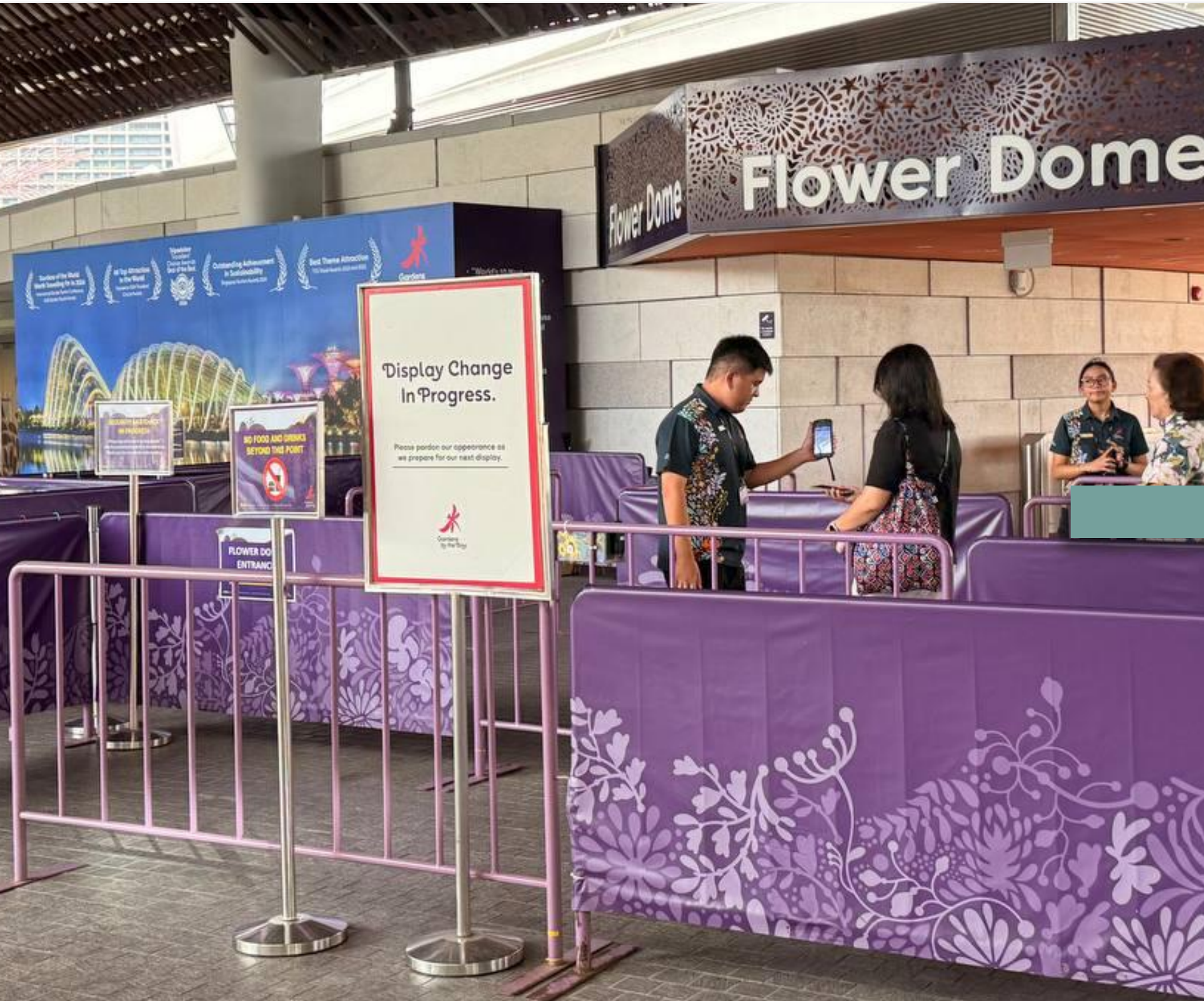
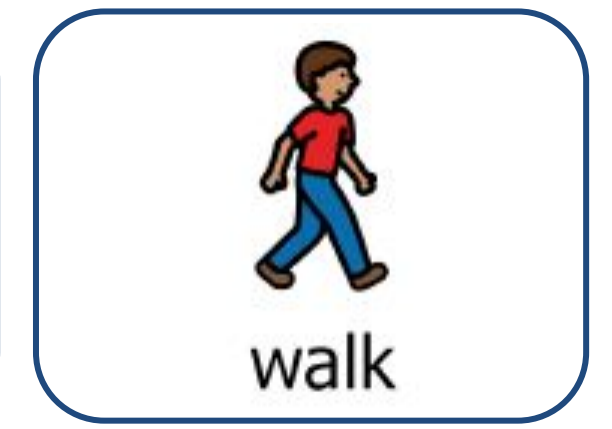
I may need to **queue** and **buy** a ticket before going in.



I will stand with my family and **wait** nicely in line.



When I am inside the Flower Dome, I will **stay close** to my family and **walk** safely.



It can be quite **bright** if I visit the Flower Dome in the daytime.



bright



If it is too **bright**, I can wear my sunglasses or cap to protect my eyes!



I may feel **cold** inside the Flower Dome.
This is because some plants like colder weather.



If I feel cold, I can wear a **jacket**, or **cross my arms** to feel warmer.



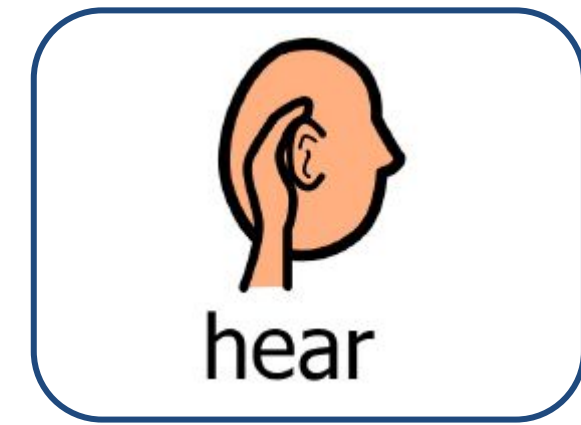
jacket



cross arms



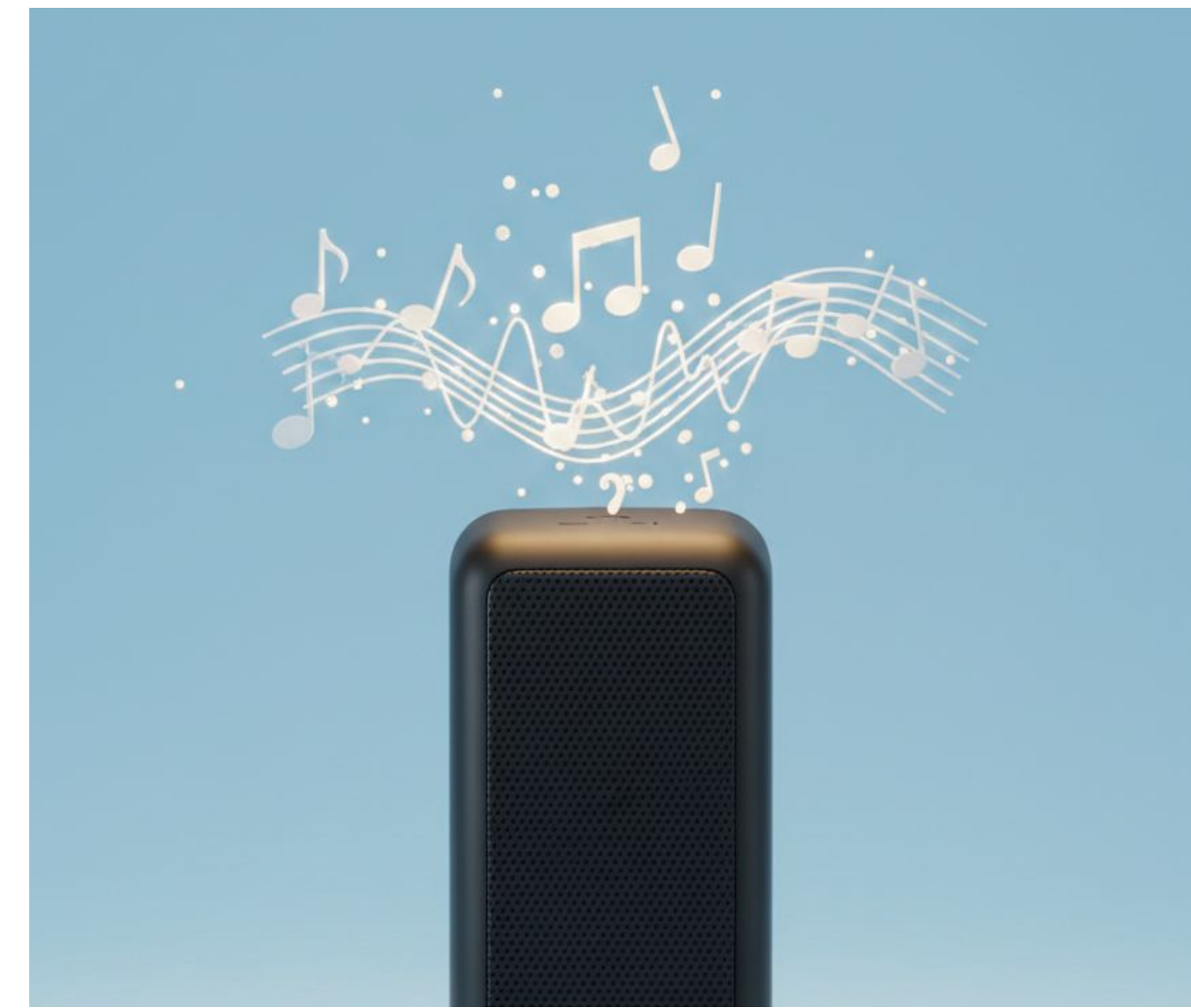
I may **hear**...



people talking

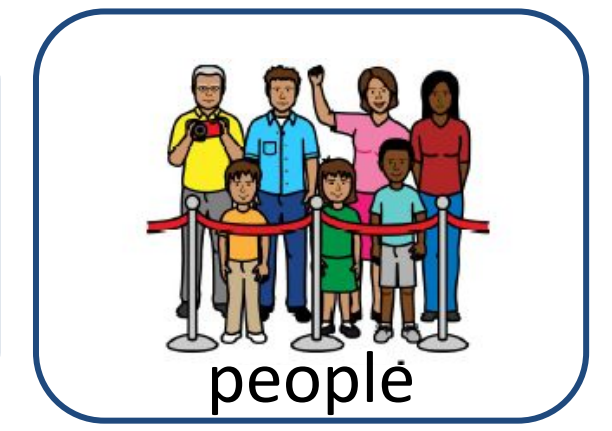
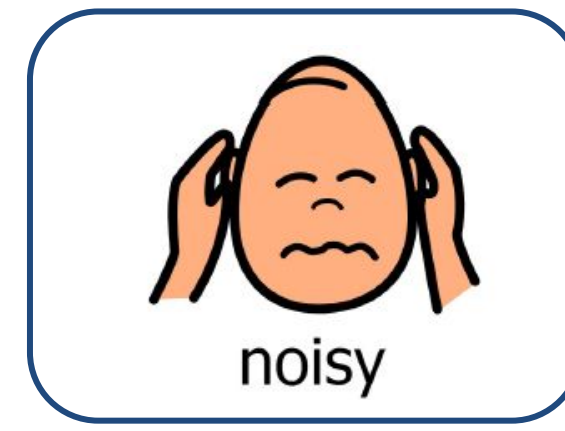


footsteps on
the floor

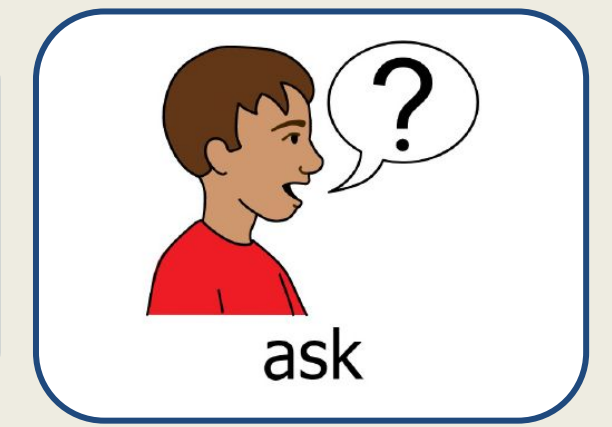
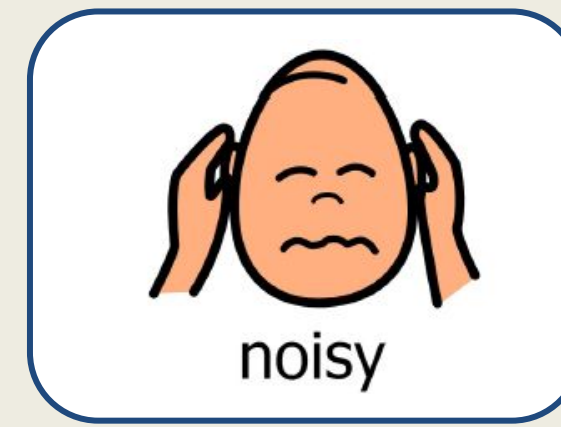


quiet music

It may get **noisy** at times, when there are **more people** inside the Flower Dome.



If it is too **noisy**, I can...



wear my
ear muffs

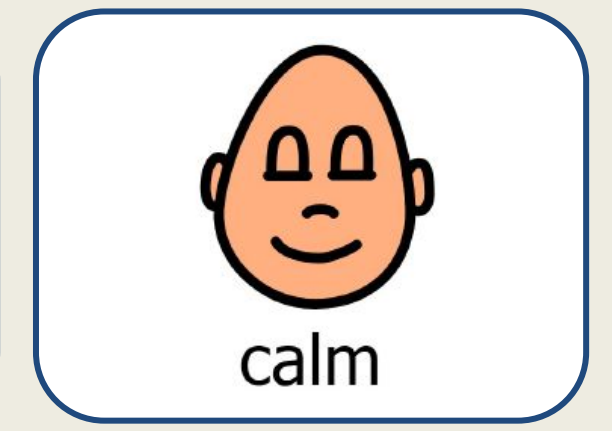
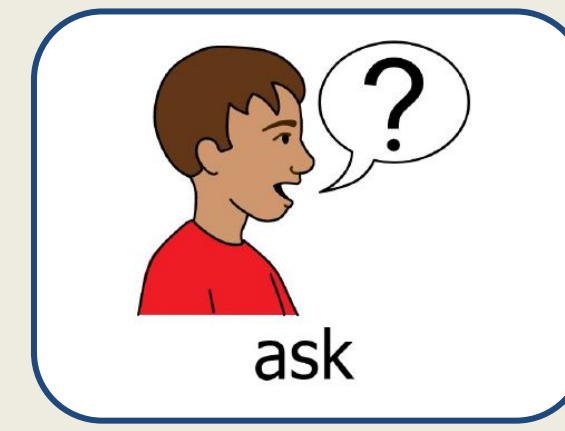


cover my ears

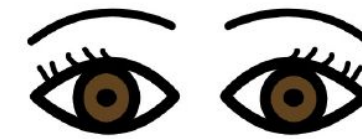


ask for a
short break

When it gets too crowded, I may want some space. I can **ask** to go to a quieter place, so I can feel **calm**.



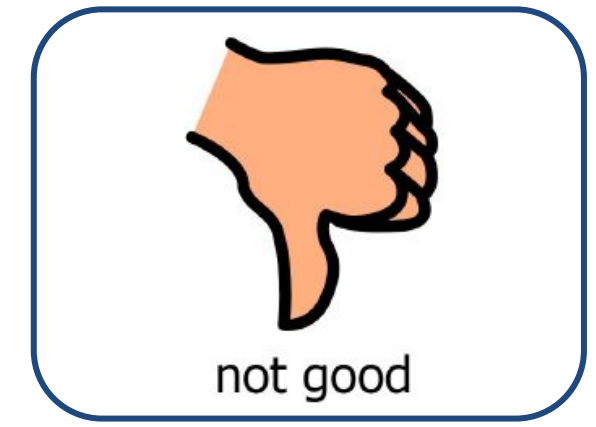
I will **see** many colourful flowers and tall plants.



see



It is **not good** for the plants to be touched.
I cannot touch or pluck them.



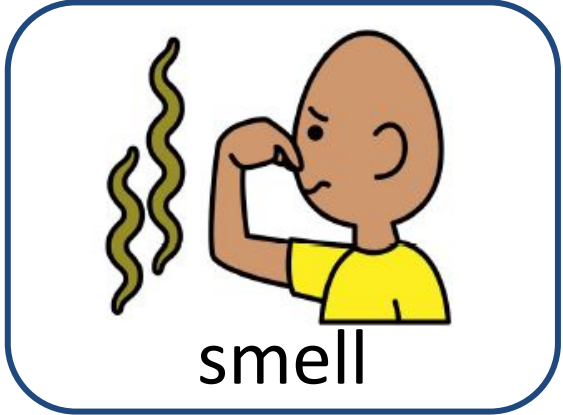
The plants are for **everyone** to see and **enjoy**.



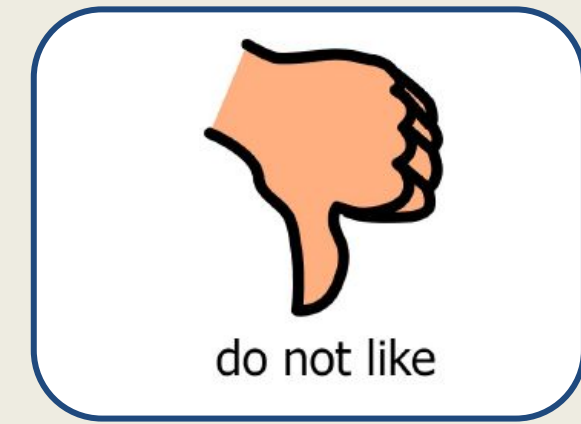
I can take many photos of the plants. I might see plants I have never seen before! How **exciting**!



Some flowers and plants may have strong **smells**.



When I **do not like** the smell, I can move to another area or cover my nose.



After walking around for a while, I may feel **tired**.
I can take a break at these quieter spots:



Outside the toilets
behind Olive Grove



Next to Flower Field,
towards the lift

It's **okay** to take breaks!



When I am ready to go, I can ask to **leave** the Flower Dome.



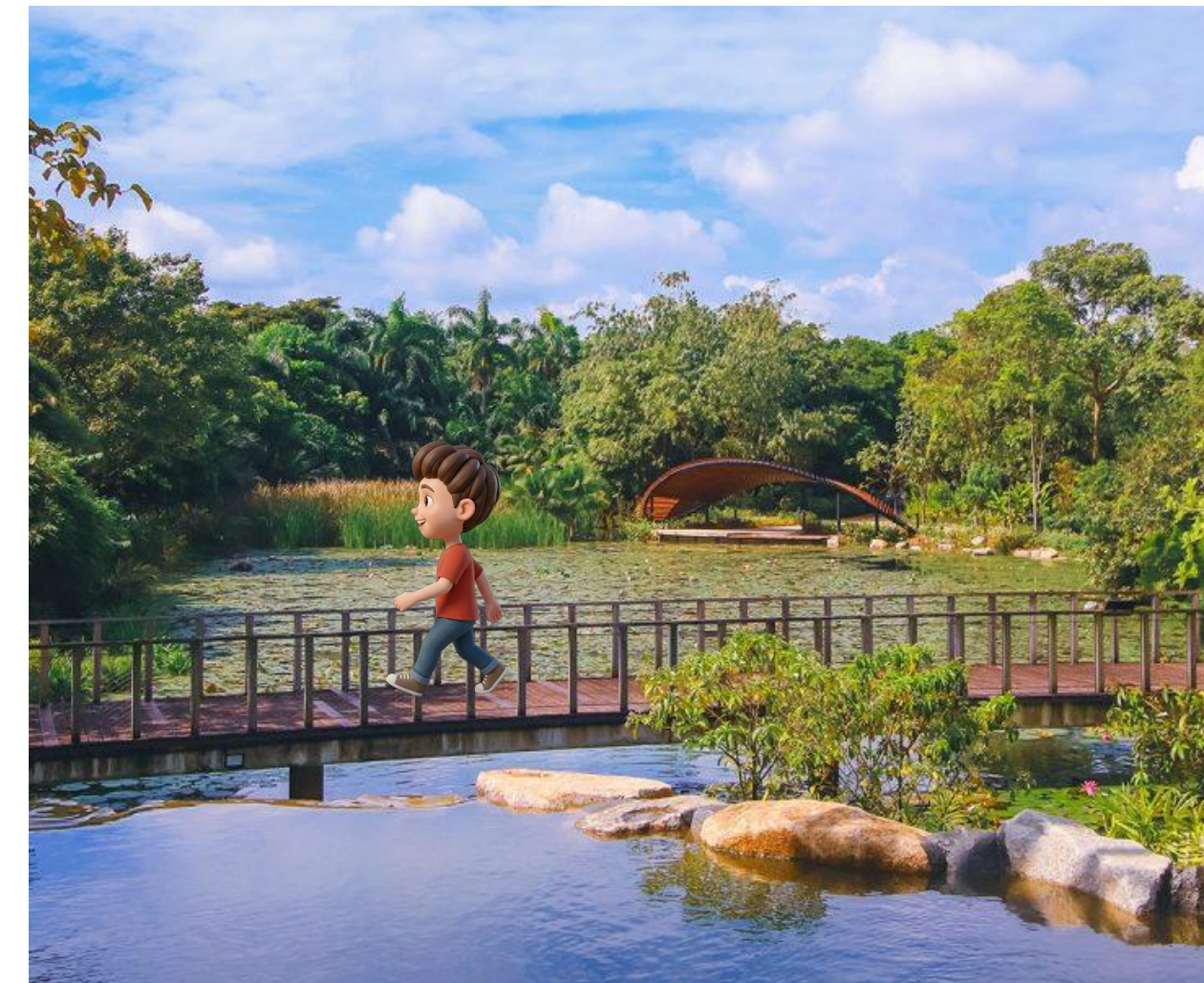
After leaving the Flower Dome, I may **visit** other parts of Gardens by the Bay, or I may **go home**.



Cloud Forest



Supertree
Grove



Kingfisher
Wetlands

Visiting the Flower Dome has been fun!
I can have a **good time!**

