

Family Time: Fun at the Heritage Gardens

Hello, how are you? Welcome to Gardens by the Bay! My name is Darcy! Let's have some fun in the outdoors today!



Are you all set to go? Quick! Follow me to the Heritage Gardens as we go back in time to the 1900s, and meet some of my friends from different races and cultures! They have invited us to their homes!

Instructions to Parents

- You may begin this trail at the Colonial Garden or the Indian Garden.
- Please ensure that your child is well-hydrated before you begin this learning journey.
- "Storytelling" activities: At various parts of the Heritage Gardens, read these stories to, or together with your child.
- Answers for the activities can be found on the information panels in the various gardens. "Showing Respect" activities: Get your child to share with you how he/she would respond to the characters from the different races and cultures. Please refer to the suggested response.

Colonial Garden

Storytelling

Can you find my friend Emily, at the Colonial Garden?

(Search for this structure at the Colonial Garden with your child before reading the next paragraph.)

Emily is from England. Her family members are traders*. They grow cash crops, which are plants that are grown for sale. Some examples of cash crops are coffee, rubber and nutmeg.

*Trader - a person who buys and sells goods.

Activity 1.1

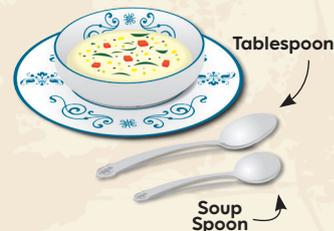
Can you help Emily find these plants in her backyard?

Answers: 1) Rubber 2) Clove

Activity 1.2 Showing Respect

You are about to have lunch with Emily and her family. You notice that there are two different types of spoons placed next to your plate. You are not sure which one to use for your soup. What would you say?

Suggested Response: Ask Emily politely, why there are two different spoons, and what each of them is used for. You may explain to your child that the soup spoon, which is more rounded, is often used for drinking soup. The tablespoon, which is oval in shape, is used for eating other food, such as rice.



Malay Garden

Storytelling

Can you find my friend Ahmad, near the *kampung* hut at the Malay Garden?

(Search for this kampung hut at the Malay Garden with your child before reading the next paragraph.)

Ahmad and his family live in a *kampung* hut, which is a traditional Malay house. The Malay community builds their homes using materials found in nature. Did you know that there are many plants at the Malay Garden that can be made into useful things that we need? This could be clothes, medicine, food and even building material!

Activity 2.1

Take a closer look at the information boards around the Malay Garden. Can you match the building materials used, to the different parts of Ahmad's *kampung* hut?

Parts of <i>Kampung</i> Hut	Plants
Roof	Attap palm or Bertam
Mats	Pandan or Mengkuang
Beams	Cengal / Merbau / Damar Laut
Stilts and Columns	Nibong palm
Walls and Floors	Bamboo or Meranti



These answers can be found on the panels near the *kampung* hut.

Activity 2.2

Can you find this plant at the Malay Garden?

The coconut palm is a common plant you would find in a *kampung*. In the Malay language, the coconut palm is called *pokok seribu guna*, which means "the tree of a thousand uses". True to its name, almost every part of the plant can be used. The flesh of the coconut can be eaten, while its trunk is used for building small bridges and the leaves, to weave baskets.

Look around you. Can you name 2 other plants or trees that are commonly found in a *kampung*?

Plants		Trees
Pandan	Hibiscus	Mango
Jasmine	Pineapple	Jambu Air or Water Apple
Frangipani	Tapioca	Jambu Batu

These answers can be found on the panels near the *kampung* hut.

Activity 2.3 Showing Respect

Ahmad has invited you to his *kampung* hut for dinner. His family sits on the floor and begins eating with their bare hands. This way of eating is very different from yours. What would you do?

Suggested Response: Ask Ahmad politely, why his family eats using their hands, instead of utensils. You may explain to your child that it is a cultural practice for Malays to eat with their right hand. Your child should wash his/her hands before joining them for a meal.

Chinese Garden

Storytelling

Can you find my friend Xiao Ming, at the Chinese Garden?

(Search for this moon gate at the Chinese Garden with your child before reading the next paragraph.)

This is Xiao Ming, and he is decorating his garden to celebrate Chinese New Year. Did you know that plants and flowers carry different meanings in different cultures?

Look around you. Can you find these plants?

(Look for the Bamboo plants in the Chinese Garden with your child before reading the next paragraph. They are just beside the moon gate.)

Bamboo represents resilience and humility, as it is strong, yet flexible. In the past, the bamboo was used to make chopsticks, furniture and a musical instrument, the flute.

(Look for the Pineapple plants in the Chinese Garden with your child before reading the next paragraph. They are just behind the large rock sculpture shaped like a rabbit.)

The pineapple represents wealth and good fortune, due to its golden-yellow colour. Its name in Hokkien, *ong lai*, sounds like "prosperity is coming".

Activity 3.1

Look through one of the circular moon windows at the Chinese Garden and sketch what you see in the space below.

Activity 3.2 Showing Respect

Xiao Ming has invited you to his house for Chinese New Year. You are not sure what you should bring, or the colour you ought to be wearing. What would you do?

Suggested Response: Ask Xiao Ming politely, the things that should be brought along, and the appropriate colours to wear when visiting during Chinese New Year. You may wish to explain to your child that he/she should bring a pair of mandarin oranges which symbolises good luck. Your child may wear red clothes when visiting, as the colour is believed to ward off evil and bring good luck.



Indian Garden

Storytelling

Can you find my friend Devi, beside this tree at the Indian Garden?

(Search for this Banyan tree in the middle of the Indian Garden with your child before reading the next paragraph.)

Devi is next to this very special tree! It is the Banyan tree, which represents eternal life in Indian culture. Indian traders, also known as *banya*, gathered under these trees, and that was how the tree got its name.

Devi grows different plants in her garden, so that she can use them for cooking. Spices* are a must-have in Indian cooking. Let's help Devi find the spices she needs for her curry dish!

**Spice - comes from dried plant parts (e.g. bark, root, seed, fruit) used in cooking to add flavour*

Activity 4.1

Can you match the spices to their names?



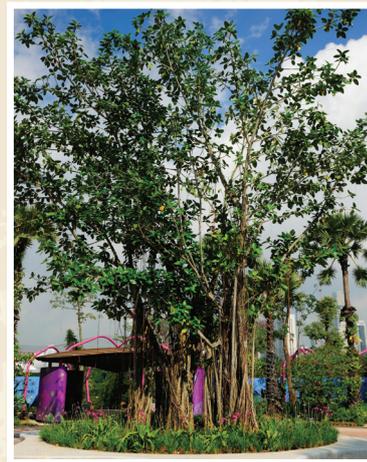
Turmeric



Cinnamon



Curry Leaves



Answers can be found on the panels in the Indian Garden.

Activity 4.2 Showing Respect

Devi has invited you to her house to try the curry she has cooked. Devi's father greets you, and he is wearing something that looks very different. You have never seen a man wearing that before. What would you say to Devi?

Suggested Response: Ask Devi politely, about the cloth that her father is wearing. You may explain to your child that he is wearing a dhoti, which is a traditional garment for men. It is a rectangular piece of cloth wrapped around the waist and legs, with a knot tied at the waist, making it look like a long skirt.

This is a collaboration with the Character and Citizenship Education Branch, Student Development Curriculum Division, Ministry of Education.

Family Time: Fun at the Heritage Gardens Lucky Dip

Tear off this portion, fill it up and drop it into our 'lucky dip' box at our Visitor Information Counters and stand a chance to win a souvenir from the garden at our quarterly Lucky Dip!

Name of Parent: _____

Name of Child: _____

Contact Number: _____

Email Address: _____



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Colonial Garden

Can you find my friend Emily, at the Colonial Garden?



Activity 1.1

Can you help Emily find these plants in her backyard?



1. My trunk produces a milky liquid, called "latex" that can be used to make car tyres!

Can you find me at the Colonial Garden? What am I?

2. I am one of the earliest spices that were bought and sold and my flowers are used to make medicine and perfume.

Do you know what I am?



Activity 1.2

You are about to have lunch with Emily and her family. You notice that there are two different types of spoons placed next to your plate. You are not sure which one to use for your soup. What would you say?

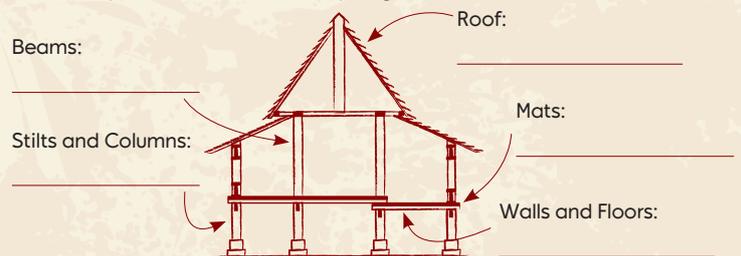
Malay Garden



Can you find my friend Ahmad, near the kampong hut at the Malay Garden?

Activity 2.1

Take a closer look at the information boards around the Malay Garden. Can you match the building materials used, to the different parts of Ahmad's kampong hut?



Activity 2.2

Can you find this plant at the Malay Garden?

Look around you. Can you name 2 other plants or trees that are commonly found in a kampong?



Activity 2.3

Ahmad has invited you to his kampong hut for dinner. His family sits on the floor and begins eating with their bare hands. This way of eating is very different from yours. What would you do?



1.

2.

Chinese Garden



Look around you. Can you find these plants?



Activity 3.1

Look through one of the circular moon windows at the Chinese Garden and sketch what you see in the space below.

Activity 3.2

Xiao Ming has invited you to his house for Chinese New Year. You are not sure what you should bring, or the colour you ought to be wearing. What would you do?



Activity 4.1

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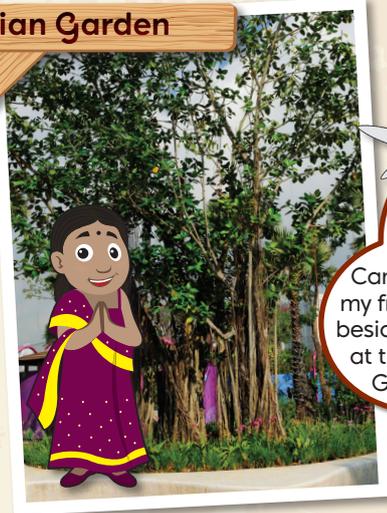


Cinnamon

Turmeric

Curry Leaves

Indian Garden



Activity 4.2

Devi has invited you to her house to try the curry she has cooked. Devi's father greets you, and he is wearing something very different. You have never seen a man wearing that before. What would you say to Devi?



My friends enjoyed your company today! I hope you had a great time too! Do you remember what you have learnt? Write them down in the box below and share it with your friends!

